

STRATHVIEW

Care from the heart

ARIA CARE



Strathview

Strathview is a modern, purpose built home enjoying a prime location on the edge of the charming rural village of Auchtermuchty and is surrounded by glorious countryside.

In this tranquil location residential care is provided to up to 24 people over the age of 60



The home's close proximity to the village centre puts a wide selection of shops and other amenities within easy reach, enabling residents to maintain close links with the local community and surrounding area. Auchtermuchty is approximately 30 miles north of the Forth Road Bridge and is within easy reach of the thriving cities of Edinburgh, Glasgow, Dundee, Perth and St. Andrews.

In this tranquil location residential care is provided for up to 24 people over the age of 60. It is our aim to provide a comfortable and enjoyable home with a friendly and companionable atmosphere, where residents can enjoy the highest standard of care from highly trained and qualified staff.

The transition into a care home can be challenging for both an individual and their family. We recognise this and provide a working partnership that upholds the values of dignity, privacy, choice and independence with the aim of providing practical assistance to the individual moving to our home.

The Home

Strathview is set in attractive gardens, with meandering paths leading to seating areas, such as, the patio area with sun shades, for everyone to take pleasure in. A pergola is situated at the rear of the building on the east side in a courtyard setting and a summerhouse offers more sheltered enjoyment of the gardens, at the rear of the building, on the west side. The front of the home also has a seated area by the entrance and along the pathways, offering relaxing views over the farmlands.

The desire to create a 'home from home' is uppermost in the minds of staff at Strathview and the accommodation reflects this. The accommodation is all on ground level enabling access throughout for all residents. There is a large entrance hall with

various seating areas and corridors lead to three private room wings. An attractive lounge is situated to the front of the building with a large screen TV, DVD player and music system. There is also a comfortable sitting room which offers a more relaxing space, decorated in relaxing pastel shades with a TV, library area and grand piano. It also provides access to the rear garden. There is a spacious dining room where residents can enjoy their meals. Both the lounge and dining room have large bay windows with uninterrupted views over open farmland to the beautiful Lomond Hills.

Strathview offers care to 24 residents in spacious en-suite single rooms. The home provides comfortable, bright and spacious accommodation and all rooms are fully furnished, fitted with TV points and decorated to a high standard. Residents are encouraged to bring cherished belongings with them, to help them feel at home. Arrangements can be made for a personal telephone line if so wished. Pets may be brought with the prior agreement of the management and existing residents.

Sophisticated fire and smoke detection systems are installed throughout the home



Strathview

for added peace of mind. A 'nurse call' system is fitted, ensuring a nurse is always on hand 24 hours a day.

Outside, the landscaped gardens and patio areas grant residents a place to sit and relax or socialise in a safe and secure environment. They can also take pleasure from watching the wildlife, as rabbits, pheasants and occasional squirrels come into the courtyard garden.

Professional Nursing and Healthcare

At Strathview we pride ourselves on being able to provide comprehensive short and long-term packages, carefully designed to meet the needs of each individual.

On duty 24 hours a day, our dedicated multi-disciplined team provides high quality care appropriate to individual needs. Our key focus is in providing a safe, homely and supported environment with a positive person-centred approach.

The Strathview team tailor appropriate care plans for each resident. This includes building a life story, which fosters a positive relationship and develops a genuine understanding of an individual's life, needs and interests. Care plans are also developed with the help and input of relatives, in order to support each individual resident according to their precise needs. The plans are regularly reviewed, to ensure that appropriate care is delivered at all times.

We maintain a culture of total quality; all of our staff are highly qualified and we believe that continual training and support plays a major role in guaranteeing our high standards are maintained. Our in-house training team ensures that our staff continually develop and update their skills and practices. We have a very low staff turnover and all are extremely loyal and dedicated which creates for familiarity and continuity for our residents.

Residents are welcome to retain the services of their existing GP if this can be arranged. However, where this is not possible we provide visiting services from local doctors.



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Lifestyle

Dining is an important part of life at Strathview. We place great emphasis on traditional cooking and offer a wide variety of choice. A fully qualified chef prepares all meals, which are carefully planned to ensure they are high in nutritional value. We are happy to cater for special diets and individual preferences. In addition to breakfast, lunch and supper, hot and cold drinks and a range of snacks are available throughout the day.

We like to encourage residents to take their meals together to promote a good social spirit, providing excellent opportunities for general interaction or simply catching up with friends. However, there is the option of dining in the privacy of their own room.

There are clear benefits for residents maintaining hobbies and leading as active a lifestyle as possible. We encourage the pursuit of special interests and hobbies, and our dedicated Activities Coordinator plans a wide range of events and activities that can be enjoyed by everyone, including crafts, games, quizzes and sing-along's, as well as regular outings. All residents are encouraged to participate in these activities subject to their needs and abilities, enhancing residents' lives wherever possible. We also arrange 'theme nights', where the food, drink and staff outfits reflect the theme – Scotch Night, Bothy Night and many more.

Service

We have hairdressing, chiropody and other practitioners attending the home regularly. Treatments such as massages and manicures can also be provided.

Personal laundry is carried out on the premises. For delicate items we recommend the use of a local dry cleaner.

Religion

The spiritual aspect of life is a vital element of care. Residents from all religious faiths are welcome. We acknowledge every individual's personal and cultural beliefs and values, and endeavour to uphold them to the full. Weekly services are available if desired.

Regulation and Inspection

Strathview is registered and inspected by the Scottish Care Commission and operates under the guidelines of the National Care Standards. Inspection reports are available to residents and their families. In addition, there are visits by the Environmental Health Officer, Fire Officer and other associated regulators.

As a clear demonstration of our commitment to provide care and services, we are ISO9001 accredited a quality standard for consistency in the delivery of quality services to our customers. We also hold the coveted Institute of Hospitality award, an international standard pertaining to hospitality services and a strong customer focus, more commonly associated with hotels.

Visitors

We operate an 'open visiting' policy, and residents are welcome to invite whoever they choose into their personal living space. We encourage visits from family members and friends to ensure that they are completely happy with the environment and care we provide to our residents. Visitors are welcome at any time during the day or evening, subject to the care and rest needs of individual residents. We also welcome residents to invite friends and family to join them for meals for a nominal fee. For special occasions, such as birthdays, we always try to organise something a little bit special.

Short stays

Subject to availability, we also welcome short-stay residents who simply wish to enjoy a break with us, require a period of convalescence, or wish to sample the lifestyle with a view to becoming a permanent resident in the future.

Next Steps

We are happy to arrange visits from prospective residents and their families, and extend a warm welcome to all visitors. To arrange a visit to Strathview please contact 0808 223 5538 for further details.



