

ST GEORGES

Care from the heart

ARIA CARE





ST GEORGES



We are proud to introduce our beautiful home, St Georges, located in Bristol.

We have a passion for delivering person centred care for older people. We believe that every resident deserves, and should enjoy, the best possible quality of life.

That passion is instilled into every Home where our teams are committed to supporting residents to continue to live their life to the full. That means more than providing great care; it's about working with each resident and their family to truly understand them, their wishes, needs and dreams for the future, and striving to make those dreams come true.

St Georges, like all our homes, provides the latest in luxurious facilities, but it's the highly skilled and dedicated teams of care workers, nurses, support staff, specialists and managers who make the difference. They consistently go above and beyond to deliver superb care to residents – a fact that is recognised in our resident and family testimonials.

Looking for a care home is an emotional and challenging time. We have decades of experience in supporting families to make the difficult decisions. We're here for you, every step of the way, helping our residents to live the life they want, with independence, choice and dignity.

We look forward to welcoming you to our beautiful home and will be on hand to answer your questions.

"The only kind of dignity which is genuine is that which is not diminished by the indifference of others."

Dag Hammarskjöld

Introduction

Located in a pleasant residential area of Bristol, St Georges is a purpose built care home providing the highest level of nursing care. This friendly home benefits from a delightful setting, ensuring care and support in enviable surroundings.

First and foremost, St Georges is our residents' home and every aspect of daily life has been designed with this in mind. We focus on enabling our residents to continue to live a full life, whilst providing care and support as and when required.

Within the home, all of the bedrooms are tastefully decorated and furnished to a high standard, each complete with en suite facilities. There are six further communal bathrooms, which provide assisted bathing facilities for residents requiring extra support. We welcome our residents to make their room their own with small items of furniture and other treasured possessions.

Outside there are gardens surrounding the home, which offer the perfect backdrop for residents to relax or take part in the regular outdoor activities.









Living with us

Our Chefs prepare menus that comprise fresh, seasonal ingredients to deliver delicious meals to suit individual preferences. Friends and family are welcome to join their loved ones at mealtimes and we pride ourselves on offering a balanced, nutritious diet to meet all specific dietary requirements and personal care needs.

We understand the importance of the involvement of friends and family in all aspects of everyday life, which contributes to the unique community feel of St Georges.

There are a number of quiet areas where residents can spend time with their friends and family and for those wanting to visit loved ones, the home is easily accessible by public transport and just a short walk from the amenities of the St Georges area itself.

St Georges operates the 'Living' programme, which is designed to meet cognitive, sensory, physical, social and emotional outcomes through a '5 a day' approach to meaningful and stimulating activities.

- COGNITIVE
- SENSORY
- PHYSICAL
- SOCIAL
- EMOTIONAL

Using this programme as a guide, our dedicated Activities Coordinator works closely with our residents to develop a fully personalised programme of activities and outings, both to suit their existing hobbies and interests and to offer opportunities for new experiences.

The spiritual and faith needs of our residents are fully respected across all religious denominations and St Georges regularly welcomes the local Clergy to the Home.

The home plays host to a number of community events throughout the year including charity fundraising events and the popular seasonal fayres. Our excellent links with local clubs and associations ensure that St Georges remains at the heart of local life.

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

Leo F. Buscaglia



The professional care we offer

St Georges offers a range of short-term respite, convalescent and permanent care packages. The setup of the home provides a true care pathway and the reassurance that our highly trained and well-established team has experience in providing full nursing care in one location.

Led by our Home Manager, the St Georges care staff receive ongoing training, which enables them to build on the excellent reputation the home has earned for high quality care provision.

All of our residents benefit from our wealth of expertise, experience and close relationship with our local GP's, physiotherapist and health and social care organisations.

St Georges benefits from a robust approach to clinical governance. Our dedicated Care Services Team monitors and regularly inspects every home to a level beyond the national standards set out by the Care Quality Commission (CQC)

Nursing Care

The building has been carefully designed to provide high quality nursing care and our care staff have many years of experience in supporting residents to be as independent as possible, whilst providing appropriate care as it is required. The home can accommodate up to five people below the age of 50 and specialises in end of life care.

All care is provided closely in line with each resident's person-centred care plan, which details not only specific healthcare needs, but also personal preferences in every aspect of their daily life. We appreciate the positive impact that family involvement can have in a residential care setting and we welcome active involvement and feedback from family members.



"Don't walk in front of me, I may not follow; Don't walk behind me, I may not lead; Walk beside me, and just be my friend."

William Arthur



Next Steps

Take a Look Around

You are welcome to call into St Georges at any time for an informal chat and to see the home for yourself.

You may wish to speak to the Home Manager to discuss your individual situation or needs and although an appointment is not necessary, it is often useful to call in advance to be sure that the Home Manager is available.

Care Assessment

Once you are happy that St Georges is the right place for you or your loved one, our Home Manager will arrange to visit you and complete a Care Assessment. This allows us to ensure we can meet your care needs and discuss personal preferences. This visit does not cost anything, but is essential to confirm that we can provide the necessary care environment for you.



If you have any questions or require further information, please feel free to contact us at any time and we can support you through the process.





