



RECTORY HOUSE

Care from the heart

 ARIA CARE



RECTORY HOUSE



We are proud to introduce our beautiful home, Rectory House, located in Sompting.

We have a passion for delivering person centred care for older people. We believe that every resident deserves, and should enjoy, the best possible quality of life.

That passion is instilled into every Home where our teams are committed to supporting residents to continue to live their life to the full. That means more than providing great care; it's about working with each resident and their family to truly understand them, their wishes, needs and dreams for the future, and striving to make those dreams come true.

Rectory House, like all our homes, provides the latest in luxurious facilities, but it's the highly skilled and dedicated teams of care workers, nurses, support staff, specialists and managers who make the difference. They consistently go above and beyond to deliver superb care to residents – a fact that is recognised in our resident and family testimonials.

Looking for a care home is an emotional and challenging time. We have decades of experience in supporting families to make the difficult decisions. We're here for you, every step of the way, helping our residents to live the life they want, with independence, choice and dignity.

We look forward to welcoming you to our beautiful home and will be on hand to answer your questions.



"The only kind of dignity which is genuine is that which is not diminished by the indifference of others."

Dag Hammarskjöld

Home is where the heart is

Located in the village of Sompting, in the heart of West Sussex, Rectory House provides residential and nursing care for up to 42 elderly ladies and gentlemen.

Rectory House delivers a true care pathway, offering different levels of support to meet an individual's changing needs. First and foremost, Rectory House is home to our residents, where each person may rest assured that their care needs are being met in a welcoming environment.

Our Home Manager is a Registered Nurse, who leads the professional care team in providing the highest standards of tailored care, in every instance designed to meet the unique needs of each person we support. At Rectory House we provide care to exceed expectations and enhance the wellbeing of every resident.

"Rectory House is truly a wonderful place to call home."







A stately Georgian house in landscaped grounds

Rectory House is a stately Georgian house sympathetically converted to deliver outstanding care in a remarkable historic environment.

Residents enjoy beautifully appointed en suite bedrooms, as well as a range of communal areas including distinctive period features like Rectory's stunning fireplaces and decorative wall features. The bright and airy rooms are complemented by two acres of

gardens, which can also be enjoyed from the comfort of the light and spacious conservatory.

Rectory House has been fitted with modern conveniences and technologies to provide the most advanced forms of support for those with mobility and nursing needs.

"I love the view I get from in the conservatory, watching the garden change with the seasons."



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

Leo F. Buscaglia



An absolute commitment to care

Delivering high quality care is at the heart of each and every aspect of daily life at Rectory House.

Our professional care team receive rigorous on-going training in each aspect of specialist care, and also benefit from years of experience.

Rectory House offers flexible care to meet individual requirements. Our residential care is ideal for older people who are able to look after their own daily needs without assistance, but who may occasionally require help from

a care support worker. Nursing care is appropriate for residents who may require more intensive physical support on a daily basis.

Every resident has an individual care plan that is reviewed on a regular basis by key workers, named nurses and the home manager, and residents and relatives are encouraged to be actively involved in care planning. The home offers a variety of care packages, from respite or recuperative care for

those seeking a shorter term option, to full-time care for those looking for a permanent home.

Rectory House has a multi disciplinary approach working with other professionals in the local community to ensure residents needs are met and the Care Quality Commission (CQC) to ensure we exceed all national standards. Rectory House is regularly inspected and audited by Aria Care's own Care Services Team, which acts as our internal regulator.

"The care I have received is exemplary. Everyone here is warm and professional."



“Don’t walk in front of me, I may not follow; Don’t walk behind me,
I may not lead; Walk beside me, and just be my friend.”

William Arthur



A home set in an idyllic country setting



Rectory House is situated in the quiet village of Sompting, nestled at the foot of the South Downs in West Sussex and just minutes from the coast.

Sompting boasts an array of historic sites to visit, including the Church of St Mary, a Grade-I listed Anglo-Saxon building dating to c.960 AD. The vicar is the chaplain to Rectory House and visits twice a month when necessary. Modern day Sompting offers a range of amenities and conveniences and hosts an annual music festival

and a Village Hall Open Weekend, attracting visitors from near and far.

Rectory House is ideally located for day trips to Arundel Castle, the Coast, South Downs and other Areas of Outstanding Natural Beauty. With a multitude of attractive destinations to visit, residents can enjoy occasional outings complemented by relaxing days simply lounging in Rectory House’s gardens and conservatory.

“I feel so lucky to live in a part of the country so steeped in history – surrounded by castles, parks and the sea.”



Saint Mary's Church at Sompting



South Downs, Sussex



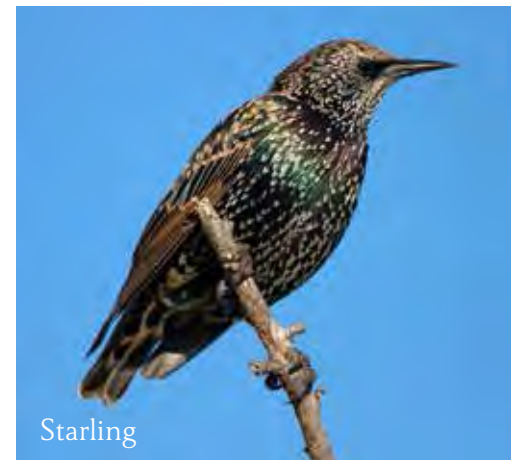
Common Hawker Dragonfly



Arundel Castle



Green Hairstreak Butterfly



Starling



"I love everything that's old, - old friends, old times,
old manners, old books, old wine."

Oliver Goldsmith

Hospitality above and beyond

We believe life should be enjoyed at all stages of one's journey. Fine dining and an emphasis on hospitality are fundamental component of that ethos. We are proud to have received Hospitality Assured accreditation, a standard synonymous with the hotel industry.

Rectory's Head Chef works in partnership with the Home Manager and the care team to provide restaurant standard meals

provide restaurant standard meals tailored to meet individual care needs. Ingredients are chosen and meals are prepared to deliver a balanced, varied and nutritious diet. For residents who may find larger meals a challenge, our hospitality team ensures there are always finger foods available to enjoy throughout the day. Ingredients are chosen that offer a high water content helping individuals to stay well hydrated, vital for health and wellbeing.

Our commitment to hospitality extends to family members and friends too. We have an open visiting policy and family members are welcome to join us at mealtimes. Sunday lunch, in particular, is always a popular occasion.

"I love that my family traditions continue here – especially catching up over Sunday roast."



Hospitality
assured



"I feel the capacity to care is the thing
which gives life its deepest significance."

Pablo Casals



Activities and social occasions



At Rectory House we believe an active life is a happy and fulfilling life. Our dedicated full-time Activities Coordinator works with each resident to ensure everyone has an opportunity to participate in activities that have real meaning for them.

Residents are encouraged and supported to discover new pastimes while continuing to indulge in the hobbies of a lifetime. Our clinical team works with all of our Activities Coordinators to ensure

activities contribute to physical and mental wellbeing, although simple enjoyment is of course the number one priority.

Rectory House plays an active role in the local community, working with schools and societies to raise funds for charity and to promote community spirit. The home celebrates special occasions in style, and participates in local arts and community events like the annual Adur festival.

Activities include

Gardening

Art Classes

Regular Outings

Baking

Flower Arranging



