

EAST HILL HOUSE

Care from the heart

ARIA CARE





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We are proud to introduce our beautiful home, East Hill House, located in Liss.

We have a passion for delivering person centred care for older people. We believe that every resident deserves, and should enjoy, the best possible quality of life.

That passion is instilled into every Home where our teams are committed to supporting residents to continue to live their life to the full. That means more than providing great care; it's about working with each resident and their family to truly understand them, their wishes, needs and dreams for the future, and striving to make those dreams come true.

East Hill House, like all our homes, provides the latest in luxurious facilities, but it's the highly skilled and dedicated teams of care workers, nurses, support staff, specialists and managers who make the difference. They consistently go above and beyond to deliver superb care to residents – a fact that is recognised in our resident and family testimonials.

Looking for a care home is an emotional and challenging time. We have decades of experience in supporting families to make the difficult decisions. We're here for you, every step of the way, helping our residents to live the life they want, with independence, choice and dignity.

We look forward to welcoming you to our beautiful home and will be on hand to answer your questions.

“The only kind of dignity which is genuine is that which is not diminished by the indifference of others.”

Dag Hammarskjöld

*I*ntroduction

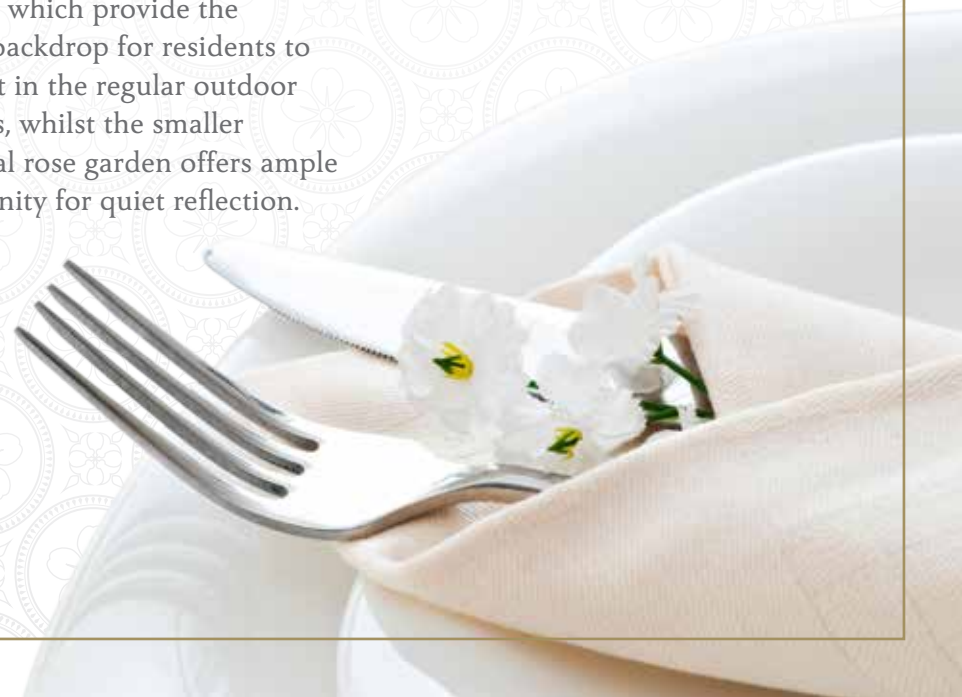
Situated close to the picturesque Hampshire village of Liss, East Hill House is a charming care home providing the highest level of residential dementia care. This light and airy home benefits from a peaceful rural setting, ensuring high quality care and support in enviable surroundings.

First and foremost, East Hill House is our residents' home and every aspect of daily life has been designed with this in mind. We focus on enabling our residents to continue to live a full life, whilst providing specialist care and support as and when required.

Within the home, all of the bedrooms are tastefully decorated and furnished to a high standard, each complete with en suite facilities. There are also a number of further bathrooms, which provide assisted bathing facilities for residents requiring extra support.

We welcome our residents to make their room their own with small items of furniture and other treasured possessions.

Outside, the decked area leading from the main lounge benefits from views across the South Downs and the large landscaped gardens, which provide the perfect backdrop for residents to take part in the regular outdoor activities, whilst the smaller memorial rose garden offers ample opportunity for quiet reflection.









Living with us

Our Chefs prepare menus that comprise fresh, seasonal ingredients to deliver delicious meals to suit individual preferences. Friends and family are welcome to join their loved ones at mealtimes and we pride ourselves on offering a balanced, nutritious diet to meet all specific dietary requirements and personal care needs.

We understand the importance of the involvement of friends and family in all aspects of everyday life and there are a number of quiet areas where residents can spend time with their friends and family,

which contributes to the friendly atmosphere found at East Hill House.

East Hill House operates the 'Living' programme, which is designed to meet cognitive, sensory, physical, social and emotional outcomes through a '5 a day' approach to meaningful and stimulating activities.

- COGNITIVE
- SENSORY
- PHYSICAL
- SOCIAL
- EMOTIONAL

Using this programme as a guide, our dedicated Activities Coordinator works closely with our residents to develop a fully personalised programme of activities and outings, both to suit their existing hobbies and interests and to offer opportunities for new experiences. The spiritual and faith needs of residents are also fully respected and catered for and we regularly welcome the local clergy to East Hill House.

The home plays host to a number of community events throughout the year including charity fundraising events and the popular seasonal fayres. Our excellent links with local clubs and associations ensure that East Hill House remains at the heart of local life.

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

Leo F. Buscaglia



The professional care we offer

East Hill House offers a range of short-term respite, convalescent and permanent care packages.

We carefully assess all of our prospective residents to ensure we can meet their specific care needs. A person-centred care plan is then developed, which sets out the tailored package of care and hospitality as agreed.

Led by our Home Manager, the East Hill House care staff receive ongoing training, which enables them to build on the excellent reputation the home has earned for high quality care provision.

All of our residents benefit from our wealth of expertise, experience and close relationship with our local GP's, physiotherapist and health and social care organisations.

East Hill House benefits from a robust approach to clinical governance. Our dedicated Care Services Team monitors and regularly inspects every home to a level beyond the national standards set out by the Care Inspectorate.

Residential Care

The main house has been carefully developed to provide high quality residential care and residential dementia care. The home is set up to enable mobility in a safe environment and our care staff have years of experience in supporting residents to be as independent as possible, whilst providing appropriate care as it is required.

Care is provided closely in line with each resident's person-centred care plan, which details not only specific healthcare needs, but also personal preferences in every aspect of their daily life.

Specialist Dementia Care in The Willows

Connected to the main house, The Willows is ideally equipped to provide care and support for up to eight people living with dementia and presenting a level of behaviours that challenge. Care staff who work in this area of the home are highly trained in the understanding and approach to different types of dementia, including Alzheimer's Disease, Vascular Dementia, Parkinson's Dementia and Korsakoff's Syndrome.



A More Independent Lifestyle at The Court

Situated separately to the main house, The Court is designed to offer a more independent lifestyle for up to ten people. With its own kitchenette and living area, The Court allows its residents to maintain a level of autonomy, safe in the knowledge that support is on hand if required.



“Don’t walk in front of me, I may not follow; Don’t walk behind me, I may not lead; Walk beside me, and just be my friend.”

William Arthur



Next Steps

Take a Look Around

You are welcome to call into East Hill House at any time for an informal chat and to see the home for yourself.

You may wish to speak to the Home Manager to discuss your individual situation or needs and although an appointment is not necessary, it is often useful to call in advance to be sure that the Home Manager is available.

Care Assessment

Once you are happy that East Hill House is the right place for you or your loved one, our Home Manager will arrange to visit you and complete a Care Assessment. This allows us to ensure we can meet your care needs and discuss personal preferences. This visit does not cost anything, but is essential to confirm that we can provide the necessary care environment for you.



If you have any questions or require further information, please feel free to contact us at any time and we can support you through the process.



