



BRADBURY HOUSE

*Care from the heart*

IN BRAINTREE

 ARIA CARE



We are proud to introduce our tastefully converted home, Bradbury House, located in the heart of Braintree.

We have a passion for delivering person centred care for older people. We believe that every resident deserves, and should enjoy, the best possible quality of life.

That passion is instilled into every home where our teams are committed to supporting residents to continue to live their life to the full.

That means more than providing great care; it's about working with each resident and their family to truly understand them, their wishes, needs and dreams for the future, and striving to make those dreams come true.

Bradbury House, like all our homes, provides excellent facilities, and what makes us unique is the highly skilled and dedicated teams of care workers, nurses, support staff, specialists and managers who make the difference. They consistently go above and beyond to deliver the best possible care to residents.

We understand that looking for a care home can be an emotional and challenging time. We have decades of experience in supporting families to make the difficult decisions, so that the whole family has peace of mind.

We're here for you, every step of the way, helping our residents to live the life they want, with independence, choice and dignity.

We look forward to welcoming you to our beautiful home and will be on hand to answer your questions.

WHAT MATTERS TO YOU,  
MATTERS TO US

# Welcome to Bradbury House

"The service was caring. We observed staff treated people with dignity, respect and kindness. Staff were very knowledgeable about people's needs, likes, interests and preferences."

Bradbury House CQC Report



A photograph of a bright, comfortable living room. In the foreground, there's a large, plush purple armchair with a light-colored cushion featuring a house illustration. Next to it is a beige armchair with a light blue cushion. A small wooden side table holds a potted plant and some papers. In the background, a large window is covered with blue and gold patterned curtains. A potted plant stands near the window. The room has a wooden floor and a white ceiling with a grid pattern.

# MAKING A DIFFERENCE

Whether you are looking to connect with new friends or have specific care needs, we provide high quality residential care

Knowledge and understanding are the heart of the care we provide. We learn about your life, for example, your career, the places you've lived, and the people who are important to you. We work with you to understand and capture your stories, your likes and dislikes, the things that make you unique.

Then we use this knowledge and your care needs to shape your care plans. No detail is too small, right down to the number of pillows you like on your bed.

We understand that this is your home, and privacy and choice are fundamental to ensuring your dignity.

We will always ask permission to come into your room, and we'll always give you choices about what you'd like to do and how you'd like to do it.

## Your specialist care teams

Many of our residents choose Bradbury House as they're looking for companionship and peace of mind. Our carers and therapists are experienced in caring for people with low level needs to the most complex of health needs

We work with a dedicated GP, consultants and specialists to plan and adapt care should your health needs change.

"When I first visited my friend in your care home, I thought how friendly it was. As I have been coming regularly I have seen how good the staff are to the residents, their kindness, laughter and care."

Resident's Friend



# A PLACE TO CALL HOME

Bradbury House is a charming Grade II home boasting period features such as wooden beams and an inglenook fireplace which contribute to the home's comfortable and welcoming atmosphere.

As well as permanent care we also offer respite and palliative care. We provide many different types of support and work with you to put together a care plan that is unique to your needs and requirements.

Our teams are experienced in caring for people including convalescent care, rehabilitation, health monitoring and the management of long term conditions.

If you have any questions about our home view our website to see our frequently asked questions.

## Choosing the right type of care

- **Residential care** – This involves offering support with some of the basic activities of daily life, such as bathing, shaving, oral care, dressing, assisting with mobility and diet management.
- **Respite care** – This may include helping a person to recuperate after an operation or illness, or caring for them while their regular carer takes a break.

WHAT MATTERS TO YOU,  
MATTERS TO US



“Care staff are very caring, extremely adaptable to any of my mum’s needs. All carers are kind and considerate. I feel we are very fortunate to have found this care home and would not want mum to be anywhere else.”

Resident’s Family Member



# WHERE CARE AND COMFORT COMBINE

Offering great charm and character, Bradbury House provides a comfortable and homely setting which you will be proud to call home.

## A room with character

At Bradbury House there are 20 bedrooms with varying styles, sizes and aspects.

Our bedrooms have been thoughtfully converted to cater for the needs of everyone who lives here. Retaining the traditional feel of our home and offering a cosy and tranquil retreat, there's sure to be a room that you'll love.

## A space of your own

While every bedroom is fully furnished, you are encouraged to bring your own personal pieces to make your room feel more homely. Our maintenance team will be happy to hang a favourite picture or two, to add those important finishing touches.

Safety is our foremost concern, so each room has a nurse call system in place, giving you peace of mind that you can alert a member of the team whenever you need assistance. We will also tailor the facilities in your room to your precise needs and wishes.

“The staff at Bradbury House have given me back my mum, and mum herself has said that she has not felt so well in a long time. It's a combination of fantastic care and good food.”

Resident's Family Member





## A LIFESTYLE YOU'LL LOVE

Moving into a care home is a new chapter in your life and we believe in enabling you to continue the hobbies you enjoy, rediscover forgotten interests, or try something new.

### Tailored to you

We have a talented Health and Wellbeing Coordinator who will support you to be as active or sociable as you wish, meaning that there's plenty to do if you're keen to get involved. Taking guidance from you, they will plan varied and fulfilling activities to suit you personally. Even simple daily tasks that maybe important to you like setting tables for lunch or serving tea, we recognise that everyone is unique and so are the daily activities that people choose to do at Bradbury House.

### Enjoy our stunning facilities

Many residents make new friendships when they move to Bradbury House, and the lounge is a great place to entertain visitors or meet friends for morning coffee or afternoon tea.

Residents and visitors can also enjoy our beautiful courtyard garden particularly in the summer for al fresco dining and Pimm's on the patio.

Our visiting hairdresser is always happy to pamper you in our hair salon and help you to look your best, whatever the occasion.

### Explore the local area

We're always keen to hear your feedback and ideas for activities so we can ensure that you're enjoying each day to the full.

There is a Residents and Relatives Meeting that meets regularly where you can put forward ideas. You can read feedback from our residents and relatives at our home or online.

### Typical activities include:

- Visiting musicians and entertainers
- Weekly Film Club
- Afternoon Tea
- Arts and Crafts
- Scrabble and Bridge Club
- Beer and Wine Tasting Club

"I can't praise all the staff here enough. They are really looking after my mum, especially as she is at end of life now. When I go home I know Mum is in safe hands."

Resident's Family Member



# A FEAST FOR THE SENSES

There's always a buzz around the house at meal times. In fact, good food and great times are what life at Bradbury House is all about.

## Menus designed around you

Our catering and hospitality team have in-depth knowledge of nutrition and hydration and our Cook will meet with you when you first join us in order to get to know you and understand your dietary needs and personal preferences.

The catering team sources seasonal and local produce and ensures that there are always plenty of tasty options to choose from. Special diets are easily catered for, including for residents who have difficulty swallowing, or need fortified meals. As well as exemplary nutritional monitoring, our dedicated care team ensures our residents have regular drinks and their weight is noted. These are recorded in care plans where appropriate. You can view our menus when you visit us or read a typical menu online.

## Dine in style

The home offers different styles of dining, including formal, more relaxed spaces and private dining for special

occasions. You can also enjoy your meal in your room if you prefer.

Whether you're a three-meals-a-day person, or prefer to eat little and often, our menus and snack options provide complete flexibility. You can start the day with a cooked breakfast or cereal and juices, followed by lunch and dinner or a light meal and snack.

## Time to celebrate

Baking is a big favourite with residents at Bradbury House, and afternoon tea always includes tasty homemade cakes. You're welcome to help yourself to soft drinks, tea and coffee from the serveries on each floor at any time, and there are always tempting treats on offer.

Homemade cake is always on the menu for residents' birthdays, and our catering team is very happy to provide delicious food for family get-togethers.

"I love to meet residents when they move in to understand their dietary needs and personal preferences. All of our residents are involved in the menu planning on an ongoing basis."

Head Chef



# UNDERSTANDING CARE FEES

Our range of fees are determined to ensure the safety of our residents and the comfortable running of their home.

Our fees are competitive, reviewed annually, and can vary based on individual care needs, size or aspect of room, and duration of stay.

Fees quoted are per week and include medications management, retained GP services, weight, hydration and nutrition monitoring, plus regular and varied events and activities, wellbeing support and care in line with assessed needs.

Fees are payable in advance prior to admission and comprise of up to one month's care fees and a refundable deposit.

Depending on an individual's needs some funding assistance may be available. When you visit the home please ask about the allowances and how we may help you request any funding entitlements.

## Local Authority Care Fees

Available for a resident over 65 years of age who does not have the required funds to pay for their own care. These fee levels do not meet our requirements, however it is possible for other family members to 'bridge the gap' or 'top up' any shortfall, subject to assessment.

## Attendance Allowance

This is also available for those over 65 years of age who have a physical or cognitive need and is provided at a lower or higher level, subject to assessment.

## Continuing Healthcare

This is arranged and funded by the NHS for people who are not residing in hospital and have been assessed as having a 'primary health need'.

We recommend that making the decision on how to fund a care home placement is ideally done with the support of a professional advisor.

# TAILOR YOUR OWN CARE PACKAGE

You can tailor your own care package to suit your individual needs and if you change your mind or your requirements change, then so can your care package

## Included in your weekly care fee:

- Personalised, individual care plans and a named key care worker
- Medical intervention and administration of prescribed medicines
- Care and nutrition advice and support
- Dedicated visiting GP Service
- 24 hr Nurse Call system in all communal areas and bedrooms
- Palliative care and family support at end of life
- Tray service available in every room
- Laundry and ironing service
- Housekeeping including window cleaning
- Telephone calls (UK)
- Free Wi-Fi (throughout the home)
- Seasonal menu options and personal meetings with our Cook
- Nutritionally balanced meals with locally sourced produce and innovative menus for residents with special dietary needs including dysphagia
- Hair Salon
- Homemade birthday cakes
- Lounge drinks and snacks always available
- Selected wines, beers, spirits and sherry at meal times
- Formal and relaxed dining as you desire
- Planned activities schedule including visiting entertainers to enhance individual preferences
- Pet therapy
- Oomph! – Health and Fitness programme
- Landscaped courtyard garden
- Religious services can be arranged

## Also included in your weekly care fee:

- Themed Events
- Lounges with board games, magazines and screening of films/sporting event

## Special touches to consider

(excluded from your weekly care fee)

- Personal chaperone to medical appointments
- Occupational therapy, chiropody, physiotherapy
- International telephone calls
- Dry cleaning
- Personal newspapers & magazines
- Hairdressing (haircuts, blow-dries, barbering, colouring and perming)
- Manicures and pedicures
- Floristry orders can be arranged
- Private transport can be arranged
- Planned excursions and days out to places of interest
- Entertain friends and family on special occasions - private dining for own use with your own menu
- Premium branded wine, beer and spirits

There's help and support every step of the way. So no matter which care package you choose, you'll find your care plan and moving in is meticulously planned by our Home Manager.



# GET IN TOUCH

We want you to make the right decision for you, and we're here to provide all the answers, advice and guidance you need.

## Come and see us

By far the best way to find out if Bradbury House is the home for you is to experience it for yourself. Come and meet our residents, talk to our friendly team, and take a tour of our beautiful home.

**Bradbury House, New Street, Braintree, Essex CM7 1ES**

## Call or email

Our friendly team is on hand to answer your questions between 8am and 7pm weekdays, 9am and 4pm Saturdays and 10am and 3pm Sundays

freephone **0808 223 5411**

or [enquiries@ariacare.co.uk](mailto:enquiries@ariacare.co.uk)

## Find out More

You can read about our manager and their team plus see our latest news and events at

**[ariacare.co.uk/bradbury-house](http://ariacare.co.uk/bradbury-house)**

## Other homes nearby

Like Bradbury House, our other homes offer a range of quality care in stunning surroundings.

### Riverside Place, Ware

Residential | Nursing | Dementia | Palliative Care.



### Sundridge Court, Bromley

Residential | Nursing | Dementia | Palliative Care.



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