



### Welcome to Claydon House Care Home

Care that feels like family

We care from the heart, creating spaces that foster comfort, connection, and well-being. Our care is about building connections and a strong sense of belonging. Our residents feel safe, supported, and truly part of a loving community. Every day is enriched by the relationships we nurture and the comfort we provide.

Claydon House is more than just a place to live; it's a place where everyone belongs. We've built a home where every person feels valued and supported,

not just by our caring team but by the friendships that blossom here. Everyone has a role to play in making our community thrive, and every voice matters. Here, we're all better when we come together.

Claydon House is where care feels like family. With 45 bedrooms, our home is situated at the end of a quiet residential crescent in the heart of Lewes, just east of Brighton. From the moment you arrive, you'll experience our homely approach, whether you're seeking a little extra support or living well with dementia.

#### Facilities include...

Bistro • Hair Salon • Lounges • Dining Rooms
Landscaped Garden • Mini Bus Access • Wi-fi

## A home filled with warmth, care, and comfort

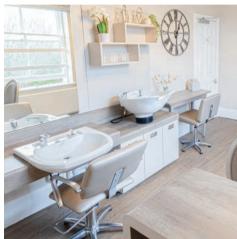
Whether you're visiting family or joining us as a resident, the atmosphere at Claydon House feels inviting, relaxed, and homely. Our home is designed to feel familiar and comfortable, from our tranquil day spaces and hair salon, to our welcoming bistro, ideal to enjoy a catch up over a cuppa with residents and visitors alike.

Your bedroom is your personal space for relaxation with cosy furnishings and your welcome to add your own personal touches and beloved items that bring you comfort and make it feel like home. Whether its hanging your much-loved picture or displaying your favourite ornaments. We will help you to make it your own.

At Claydon House, it's about creating a home where every detail, from your favourite chair to your morning tea, feels like it was chosen just for you, as our residents are at the heart of everything we do. It's no surprise that visitors often comment on how welcoming Claydon House feels from the moment they arrive.

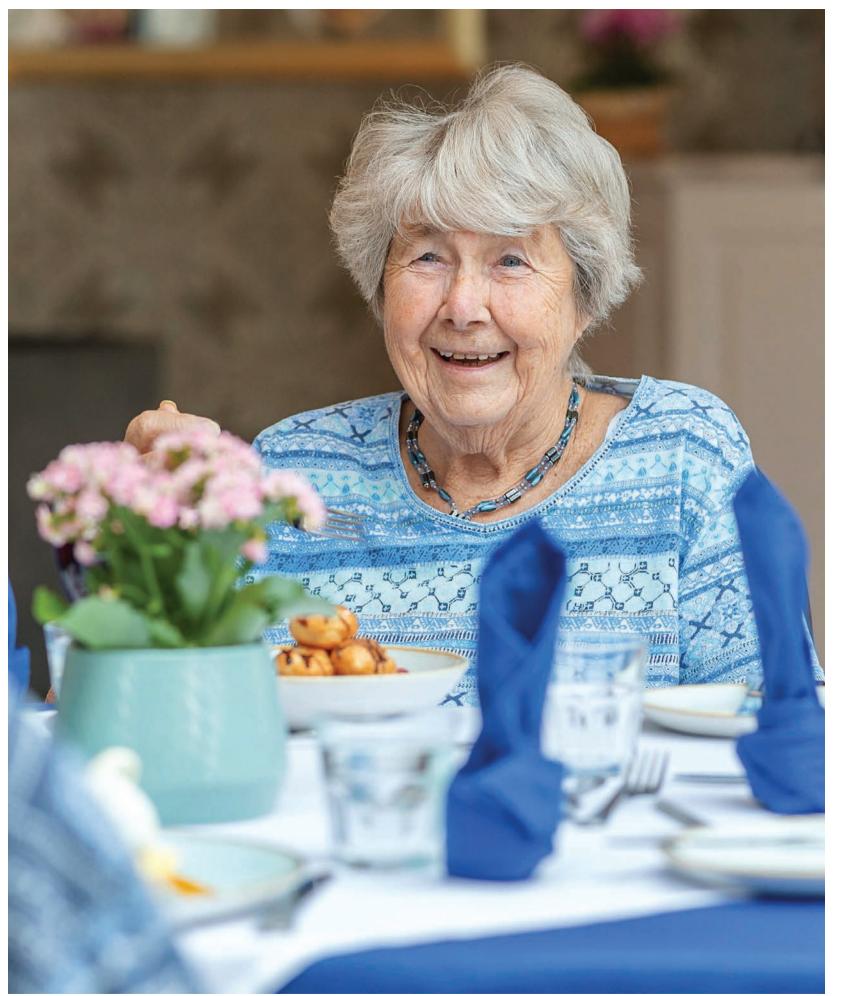












# Life at Claydon House

# Comfort, choice, and community

At Claydon House, every day is yours to enjoy exactly as you like. Whether you're unwinding in peace or joining one of our many activities, we're here to match your pace and preferences. With delicious home-cooked meals, round-the-clock care, and plenty of engaging options, you'll feel right at home in no time.

From the moment you arrive, you'll be welcomed into a warm and friendly community where we take the time to get to know you. Whether it's rediscovering a favourite hobby or trying something new, each day offers something to look forward to.

Get involved in our gardening club, helping nurture our beautiful outdoor spaces, or lose yourself in a gripping story delivered by our mobile library. Enjoy relaxed coffee mornings with neighbours and friendly faces from the local community, or take part in our social events and open days, filled with connection and laughter.

You can try your hand at flower arranging, baking, or arts and crafts, reconnecting with familiar hobbies or discovering fresh interests. For those who enjoy staying active, a stroll in the garden, chair exercises, puzzles, and a variety of games keep both mind and body engaged. Our community also loves live entertainment from local performers, adding a touch of joy to the day.

At Claydon House, you're free to shape each day just as you choose, surrounded by comfort, care, and a community that truly feels like home.

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# Mealtimes are moments to savour

Mealtimes are about more than eating; they're a chance to relax, connect, and enjoy the moment. Whether you're sharing stories with friends over a hearty breakfast, enjoying a leisurely lunch, or lingering over a home-cooked dinner, you'll find that food at Claydon House nourishes not only the body but also the spirit.

Our menus are thoughtfully crafted by our talented kitchen team, using fresh, locally sourced ingredients, where possible, to deliver dishes that are both delicious and tailored to individual dietary needs, as part of our food promise. From comforting favourites to special treats that tantalise the taste buds, every meal is designed with care and creativity.

From your very first day, our dedicated team takes the time to get to know you - your tastes, preferences, and little favourites that make a meal feel special. Whether it's a cherished recipe, a cup of tea just how you like it, or a thoughtful nod to your dietary needs, we ensure every meal feels personalised and welcoming. At Claydon House, dining is a highlight of the day - a time to come together, enjoy great food, and feel truly at home.





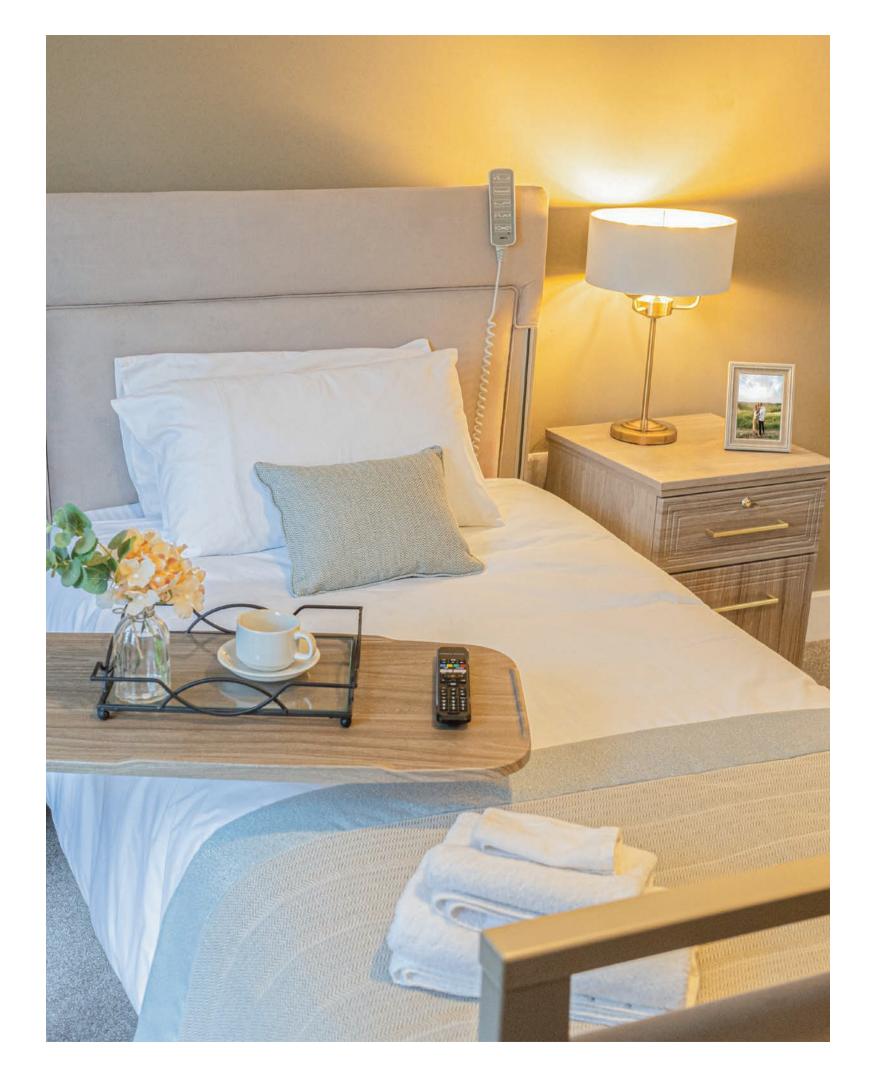




"Our promise is simple: we put our residents at the heart of everything we do, ensuring each meal is thoughtfully prepared to suit their tastes and needs."

James Clear | Hospitality Director, Aria Care

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#### Care is a team effort

#### Built on trust, warmth, and community

We believe that care works best when it's a team effort. From carers to hospitality colleagues, every member of our team joins forces with our residents to create a true sense of community. This feeling of togetherness is built on warmth, trust, and a shared goal - making every day brighter and more fulfilling for everyone who calls Claydon House home.

Great care starts with listening. We take the time to truly know each resident - your stories, preferences, and little comforts - so that every part of your experience feels personal. Whether it's those small, thoughtful touches that bring a smile or trying something new to spark joy, we're always ready to make each day special and meaningful.







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#### Residential Care

 We believe in supporting your independence while ensuring you live life your way. Our team takes the time to get to know your needs, preferences, and routines, crafting a tailored care plan that fits seamlessly into your lifestyle. Whether it's knowing how you like your morning tea or making sure you can continue the hobbies that bring you joy, we're here to ensure each day unfolds just as you wish.

#### Respite Care

 If you're looking for a mini break from home, a chance to recuperate after a hospital stay or your carer needs a break, then our short stays are an opportunity to get a taste for life in our home with tailored around-the-clock support.

#### Palliative Care

 Our team are here to support our residents, their families, and loved ones as their care needs change. We can support those with a terminal illness to manage their symptoms, to feel as comfortable as possible and ensure they have an end of life plan to fulfil their wishes. Including psychological, social and spiritual support for everyone.

#### Connect Day Care

 Our Connect Day Care offers a welcoming space where you can spend time doing what you love. Whether you join us for just a few hours or a full day, we tailor the experience to suit your preferences. From arts and crafts to music sessions and social gatherings, there's always something to inspire and engage.

#### Dementia Care

Dementia may shape certain aspects of a person's life, but it never defines them. We see the individual first, providing compassionate support that encourages independence to nurture their passions. Through our Living with Heart, Loving with Care approach, we empower residents to live life to the fullest in a way that is meaningful to them.

#### Nursing Care

• For those who need a little extra support, our nursing care provides expert health management and personalised medication assistance. Each care plan is meticulously crafted to meet your unique needs, ensuring that every detail is attended. We're committed to creating an environment where you always feel well cared for, with your well-being at the heart of everything we do.







#### What's next?

We understand that choosing a care community for yourself or a loved one is one of the most important - and often challenging - decisions you'll ever make. At Claydon House we're here to support you every step of the way, making this decision as simple and stress-free as possible.

The best way to get a real sense of our home is to visit us in person. We'd be delighted to show you around, introduce you to our wonderful team, and walk you through the care we provide. Whether you have questions or just want to see what life here feels like, we're always happy to help. You're also welcome to join us at one of our regular coffee mornings - it's a great way to get a feel for the community and meet some of our residents

#### Contact us

We'd love to hear from you and answer any questions you might have. Whether you're curious about life at Claydon House or ready to take the next step, we're here to help. Get in touch - we're excited to get to know you and share more about what makes our community so special.

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WEB Find out more, view our latest news and events: ariacare.co.uk/claydon-house



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