



BROOK HOUSE

AN ARIA CARE COMMUNITY

Care from the heart

IN TOWCESTER



Welcome to Brook House Care Home

Where luxury meets care

We care from the heart, creating beautiful spaces that foster comfort, connection, and well-being. Our home has 53 bedrooms and offers tastefully designed living areas alongside a bespoke approach to well-being, tailored around-the-clock support, and a vibrant community life. Here, residents flourish, surrounded by warm companionship and the peace of knowing that their every need is attended to with the utmost care and attention.

Situated in the picturesque market town of Towcester, just a short drive from Northampton, Brook House is where you'll discover care that feels both luxurious and personally tailored. From the moment you arrive, you'll be welcomed

into an atmosphere of warmth and exclusivity, where every aspect of your care is tailored around your individual needs, whether you're seeking support in later life or living well with dementia.

Every day is yours to shape, with every detail thoughtfully tailored to your preferences, creating a perfect balance of support and individuality. Whether you're savouring a quiet moment in a peaceful corner of your room or simply enjoying the warmth of familiar surroundings, you'll always feel valued, supported, and completely at ease.

At Brook House, every day is made extraordinary, not just through care, but through a true sense of belonging.

Facilities include...

Bistro ♦ Private Dining Room ♦ Cinema ♦ Hair Salon
Lounges ♦ Dining Rooms ♦ Landscaped Gardens ♦ Minibus Access

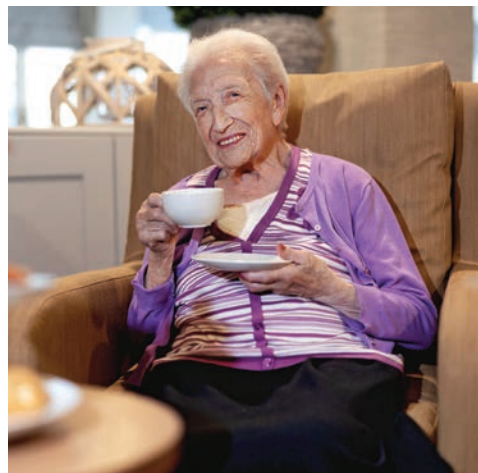
A haven of comfort, care, and elegance

At Brook House, every space is designed to feel like home. Whether you're starting with coffee and the morning papers in the light-filled bistro, or indulging in breakfast in your room, each day is yours to enjoy at your leisure. The cinema room is a favourite with our residents for afternoon film screenings, while the well-stocked library offers a quiet alternative with a wide selection of books for all our keen readers.

If relaxation is on the agenda, our in-house salon and therapy spaces offer a little pampering, from a fresh haircut to a soothing massage. Life here is about choice; sociable or serene, lively or laid-back - you decide. However you spend your day, it's in a setting designed for ease, elegance, and your own personal sense of home.

Your suite is your private retreat, thoughtfully designed with stylish furnishings and the flexibility to add your own personal touches. The inviting communal areas throughout the home are perfect for joining friends or meeting with family, from the tranquil lounges inside to the landscaped gardens outside. Brook House blends the best of independent living with the reassurance of support when you need it.





Life at Brook House

*Refined living, choice,
and belonging*

At Brook House, life is shaped by elegant surroundings, personal freedom, and a true sense of community. Each day holds something special - from the simple joy of a shared cup of tea to activities that spark connection and happiness.

You might begin your day with a gentle stretch in a chair exercise class or join a coffee morning, welcoming the local community into our home. At Brook House, you have the freedom to continue the hobbies you love and the opportunity to discover new interests. Whether you're baking in our cosy kitchen, sitting back with a good book in a peaceful corner, or heading out for a day trip on our minibus, there's always something to enjoy. And for those who love to be outside, our beautiful gardens offer a tranquil setting to meet with family, watch the wildlife, or tend the garden with green-fingered friends.

As the day winds down, laughter fills the air, be it through quizzes, games, or celebrations shared with family and friends. At Brook House, every day is designed around you, giving you the freedom to live the life you love in a setting that feels truly like home.

Mealtimes are moments to savour

At Brook House, mealtimes are more than just dining, they're about savouring every moment. The finest ingredients and expert preparation come together to create dishes that are as nourishing as they are delicious. These lively, social occasions bring people together, turning each meal into a celebration of good food, great company, and shared experiences.

Our premium three-week seasonal menu is designed to offer variety, quality, and the freshest flavours of the season. We carefully source fresh produce, dairy, and meats from trusted local suppliers, ensuring every dish is crafted with care and excellence. Residents can enjoy a thoughtfully curated three-course menu alongside our always-available alternative menu, both created within the Aria Care Nutrition and Hydration Framework and our food promise, tailored to individual likes and dislikes.

Mealtimes here go beyond sustenance; they are about connection, conversation, and relishing life's simple pleasures. Every dining experience is designed to be memorable, because for us, food is a source of comfort, joy, and community. From your very first day, our Hospitality Team ensures you feel completely at home, with every meal prepared just the way you like it, whether it's soft-boiled eggs, crispy bacon, perfectly buttered toast, or cold custard on hot pudding. We take great care in personalising every dish, making sure that each meal is not just enjoyed, but truly savoured.



"Our promise is simple: we put our residents at the heart of everything we do, ensuring each meal is thoughtfully prepared to suit their tastes and needs."

James Clear | Hospitality Director, Aria Care



Care is a team effort

Built on trust, compassion and community

At Brook House, care is as individual as you are. Whether you need a little extra support with daily life or more specialised care, we're here to ensure you feel safe, valued, and truly at home.

Our team takes the time to get to know you - your routines, your preferences, and the little things that bring you comfort. Whether it's help with getting ready in the morning, a reassuring presence throughout the day, or simply knowing that support is always there when you need it, care here is shaped entirely around you.

With a focus on dignity, independence, and well-being, we provide personalised care that adapts as your needs change. Some people come to us needing just a little assistance, while others require more specialist support - but no matter what, everyone is treated with the same warmth, respect, and attention to detail.

Whatever your journey, you'll find a team who truly cares, an environment where you can feel at ease, and the reassurance that you're in safe, capable hands.



Residential Care

- ◆ We believe in supporting your independence while ensuring you live life your way. Our team takes the time to get to know your needs, preferences, and routines, crafting a tailored care plan that fits seamlessly into your lifestyle. Whether it's knowing how you like your morning tea or making sure you can continue the hobbies that bring you joy, we're here to ensure each day unfolds just as you wish.

Respite Care

- ◆ If you're looking for a mini break from home, a chance to recuperate after a hospital stay or your carer needs a break, then our short stays are an opportunity to get a taste for life in our home with tailored around-the-clock support.

Connect Day Care

- ◆ Our Connect Day Care offers a welcoming space where you can spend time doing what you love. Whether you join us for just a few hours or a full day, we tailor the experience to suit your preferences. From arts and crafts to music sessions and social gatherings, there's always something to inspire and engage.

Meaningful connections

We're all about creating meaningful connections - not just between our team and residents, but with the wider community. Whether you're looking for companionship, want to try something new, or simply need a change of scenery, we're here to ensure your time with us is fulfilling and enjoyable. With flexible options, you can join us as often as you like, staying connected, active, and part of our vibrant, enriching community.

Nursing Care

- ◆ For those who need a little extra support, our nursing care provides expert health management and personalised medication assistance. Each care plan is meticulously crafted to meet your unique needs, ensuring that every detail is attended to with care and precision. At Brook House, we're committed to creating an environment where you always feel well cared for, with your well-being at the heart of everything we do.

Dementia Care

- ◆ Dementia may shape certain aspects of a person's life, but it never defines them. At Brook House, we see the individual first, providing compassionate support that fosters independence and nurtures their passions. Through our Living with Heart, Loving with Care approach, we empower residents to live life to the fullest in a way that is meaningful to them.



What's next?

We understand that choosing the right care community for yourself or a loved one is one of life's most important decisions. At Brook House, we're here to make that journey smooth and stress-free, providing support every step of the way.

The best way to appreciate the warmth and elegance of our home is to visit us in person. We'd love to welcome you, show you around our beautifully appointed spaces, and introduce you to our dedicated team. Whether you have questions about our care or simply want to take in the atmosphere, we're here to help. You're also invited to join us for one of our elegant coffee mornings - a perfect opportunity to experience our vibrant community and meet some of our wonderful residents, giving you a true sense of our home.

Contact us

We'd love to hear from you and assist with any questions you may have. Whether you're looking to learn more about life at Brook House or are ready to take the next step, we're here to help. Get in touch with us today - we can't wait to meet you and share what makes our community so special.

VISIT | **Water Lane, Towcester, Northamptonshire NN12 6HR**

CALL | Freephone: **01327 223 990**

EMAIL | **enquiries@ariacare.co.uk**

WEB | Find out more, view our latest news and events: **ariacare.co.uk/brook-house**

“

Our family could never thank the staff at Brook House enough. The care they give our mother is first-class. Lovely staff, always friendly and laughing, making sure everyone is looked after, and nothing is too much trouble. How lucky we are to have the best people ever to look after mum.

”

BROOK HOUSE

Water Lane, Towcester,
Northamptonshire NN12 6HR



ARIA CARE